

**CHEROKEE SCOUT RESERVATION**  
**Summer Camp Menu**

<p><u>Offer Juice of choice (100% juice with vitamin C) at Breakfast each day - 6 oz</u></p> <p><u>Offer milk at each meal</u></p>	<p><u>MON. BREAKFAST</u></p> <p>Eggs ½ c Bacon 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p><u>TUES. BREAKFAST</u></p> <p>Pancakes Syrup Sausage Patties 2 Cereal 1c Fresh Fruit Milk / Juice</p>	<p><u>WED. BREAKFAST</u></p> <p>Eggs ½ c Bacon 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p><u>THURS. BREAKFAST</u></p> <p>French Toast Sausage Patties 2 Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice</p>	<p><u>FRI. BREAKFAST</u></p> <p>Scrambled Eggs ½ c Bacon 2s Biscuits 1 Butter / Jelly Grits ½ c Cereal 1c Fresh Fruit Milk / Juice</p>	<p><u>SAT. BREAKFAST</u></p> <p>⌊</p> <p>Sweet Roll Cereal 1 c Fresh Fruit Milk / Juice</p>
<p><u>Offer fresh fruit of choice at lunch daily (apple, orange, banana)</u></p> <p>Salad bar is available for campers and adults as an alternative.</p>	<p><u>MON. LUNCH</u></p> <p>Pulled Chicken BBQ 4oz Bun Cole Slaw Tater Tots 1c Chilled Pineapple Water/Tea/Fruit Drink</p>	<p><u>TUES. LUNCH</u></p> <p>Chicken Fajitas 4oz Lettuce/Tomato/Cheese/Sour Cream Black Beans Spanish Rice Rice Krispie Treats Water</p>	<p><u>WED. LUNCH</u></p> <p>Beef Hot Dogs 2 ea Chili 1oz. Slaw/Onions Tater Tots Chilled Mandarin Oranges Water</p>	<p><u>THURS. LUNCH</u></p> <p>Grilled Chicken Filet 4oz Brioche Bun Lettuce / Tomato / Pickles/Red Onion Harvest Cheddar Sun Chips Chilled Mandarin Water</p>	<p><u>FRI. LUNCH</u></p> <p>Chicken Tenders 3ea BBQ Sauce &amp; Ranch Tater Tots Chilled Pineapple Water</p>	
<p><u>SUN. SUPPER</u></p> <p>Glazed Ham 4 oz Macaroni &amp; Cheese ½ c Green Beans ½ c Yeast Roll Apple Turnover ½ c Water/Tea</p>	<p><u>MON. SUPPER</u></p> <p>Chicken Parmesan 4 oz <b>(Eggplant Parmesan)</b> Tossed Salad 1c Dressing of choice Vegetable Medley ½ c Garlic Toast 1 Tiramisu ½ c Water/Tea</p>	<p><u>TUES. SUPPER</u></p> <p>Cheese/Hamburger 4 oz <b>(Veggie Burger)</b> Lettuce/Tomato/Pickle Baked Beans ½ c Potato Salad Fresh baked cookies Water/Tea</p>	<p><u>WED. SUPPER</u></p> <p>Country Style Steak /Gravy 4oz Rice ½ c Green Beans ½ c Roll Blackberry Cobbler ½ c Water/Tea</p>	<p><u>THURS. SUPPER</u></p> <p>Family Night Supper in campsites Alternative meal available in Dining Hall Lasagna (Beef or Vegetable) 4 oz Tossed Salad 1c Dressing of choice Vegetable Medley ½ c Garlic Toast 1 Chocolate Cake Water/Tea/Fruit Drink</p>	<p><u>FRI. SUPPER</u></p> <p>Oven Fried Chicken 4oz Mashed Potatoes ½ c Gravy Steamed Carrots ½ c Yeast Roll Banana Pudding Water/Tea</p>	

\*Scouts with special dietary needs should inform the camp of their needs at least 12-days prior to arriving at summer camp. When registering your Scout in Black Pug, please list  
Updated – June 19, 2024ne 8, 2024

dietary needs in the space provided. The camp leadership will work with the Scout's family to develop a meal plan that meets the Scout's needs.